

"Rain to Rainbows Championships"

A Benefit For Wiz's Flood Relief

Saturday, October 9, 2010

Entry Deadline: Wednesday, October 6, 2010

AAU membership is NOT Required

Place: University School of Nashville
2000 Edgehill Avenue
Nashville, TN 37212



Spectator Fee: \$6.00

Entry Fee: \$50.00: 1 or 2 events \$5 additional events
(advanced & black belts bay compete in both Olympic & point sparring divisions)

Competition Info: Point Sparring
Olympic Sparring (matted rings and electronic scoring)
Team Fighting
Forms
Breaking
Weapons

All registration will be done online for this event at www.tourneyreg.net

For more information:
www.redbeltheart.org or call 770-237-2121

“Rain to Rainbows Championships”

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INDIVIDUAL ATHLETE ENTRY FORM

REQUIRED INFORMATION – COMPLETE ALL FIELDS PRIOR TO SUBMISSION

Athlete's First Name _____

MI _____

Last Name _____

Instructor's Last Name M F

Gender

Competition Age: _____

Date of birth _____

Weight LBS.

Rank – Check Only One

- NOVICE (white, yellow, orange)
- INTERMEDIATE (green, purple, blue)
- ADVANCED (red, brown)
- BLACK _____ DAN

Events – select all that apply (only one sparring division allowed) \$50 1 or 2 events \$5 for additional events

- FORMS
- WEAPONS
- BREAKING
- POINT SPARRING
- OLYMPIC SPARRING
- TEAM FORMS Youth Adult
- TEAM FIGHTING Youth Adult

PERSONAL INFORMATION – COMPLETE ALL AREAS

Club Street Address (Apt/Building/Unit) – Do Not Abbreviate _____

City _____

State _____

Zip Code _____

(____) _____ - _____
Home Phone Number

(____) _____ - _____
Alternate Phone Number

E-Mail Address

Club Name _____ Club Phone Number _____

Waiver & Release of Liability:

DISCLAIMER: DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts ARE NOT RESPONSIBLE FOR ANY INJURY (OR LOSS OF PROPERTY) TO ANY PERSON WHILE PRACTICING, COMPETING, OR IN ANY WAY PARTICIPATING THE RAIN TO RAINBOWS TOURNAMENT FOR ANY REASON WHATSOEVER, INCLUDING ORDINARY NEGLIGENCE ON THE PART OF DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts, THEIR OWNERS, OFFICERS, AGENTS, OR EMPLOYEES. In consideration of my participation, I hereby release and covenant not-to-sue DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts, their owners, board of directors, officers, agents, booster clubs, teachers, coaches, or employees from any and all present and future claims resulting from ordinary negligence on the part of DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts for property damage, personal injury, or wrongful death, arising as a result of my engaging in or receiving instruction in martial arts or any other activities or any activities incidental thereto, wherever, whenever, or however the same may occur. I hereby voluntarily waive any and all claims resulting from ordinary negligence, both present and future, that may be made by me, my family, estate, heirs, or assigns. I understand that the martial arts and related activities always involve certain risks, including but not limited to, death, serious neck and spinal injuries resulting in complete or partial paralysis, brain damage, and serious injury to virtually all bones, joints, muscles, and internal organs, and the mats, pads, and other safety equipment and apparatus provided for my protection including the active participation of a coach or teacher may be inadequate to prevent serious injury. The risk of harm may be limited by all of the safety equipment and trained coaches, but never eliminated. I understand that participation in the martial arts, including moving from event to event, conditioning, stretching and other activities may leave me vulnerable to the reckless actions of other participants who may not have complete control over their actions or who may not see other students. I am voluntarily participating in this activity with knowledge of the risks involved and hereby agree to accept any and all inherent risks of property damage, personal injury, or death. I further agree to indemnify and hold harmless DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts all others listed for any and all claims arising as a result of my engaging in or receiving instruction in activities or any activities incidental thereto, whenever, wherever, or however the same may occur. I understand that this waiver is intended to be as broad and as inclusive as permitted by the laws of the state of Georgia and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that the venue for any legal proceedings shall be within the state of Georgia. I affirm that I am of legal age and am freely signing this agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and remedies, which may be available to me for the ordinary negligence of DACULA FAMILY SPORTS, UNLIMITED MARTIAL ARTS, AND DC Turnbolls Martial Arts or any person listed above.

Participant or Guardian's Signature (if under the age of 18): _____ Date _____

FOR OFFICIAL USE ONLY

- ENTRY FORM COMPLETED
- CORRECT FEE PAID
- SIGNED WAIVIER

Directions & Staging Times

Directions to University School of Nashville

University School of Nashville

2000 Edgehill Avenue, Nashville TN 37212

From I-40 E (Memphis), I-65 S (Louisville), and I-24 E (St. Louis)

Take exit number 209B BROADWAY

Turn RIGHT onto BROADWAY.

Continue to follow BROADWAY. (0.80 miles)

Turn SLIGHT LEFT onto 21ST AVE S. (0.31 miles)

Turn LEFT onto EDGEHILL AVE. (0.07 miles)

USN is on the corner of Edgehill and 21st Avenue/Broadway

From I-40 W (Knoxville) and I-24 W (Chattanooga)

Take exit number 209A BROADWAY

Turn LEFT onto BROADWAY.

Continue to follow BROADWAY. (0.80 miles)

Turn SLIGHT LEFT onto 21ST AVE S. (0.31 miles)

Turn LEFT onto EDGEHILL AVE. (0.07 miles)

USN is on the corner of Edgehill and 21st Avenue/Broadway

From I-65 heading north (Franklin)

Take the WEDGEWOOD AVE exit- exit number 81.

Turn LEFT onto WEDGEWOOD AVE. (0.81 miles)

Turn RIGHT onto 12TH AVE S. (0.48 miles)

Turn LEFT onto EDGEHILL AVE. (0.65 miles)

USN is on the corner of Edgehill and 21st Avenue/Broadway

WHERE TO PARK

Athletes must use the Vanderbilt/Wesley public parking garage on Scarritt Place off 21st Avenue near Bruegger's Bagels and Ben & Jerry's. Metered parking is available on 19th Avenue.

Staging Times

8:30 A.M.	Officials' Meeting
	<u>Point Fighting</u>
8:30 A.M.	All Black Belt Point Fighters
9:00 A.M.	All Colored Belts 13 & Under Point Fighters
10:45 A.M.	All Colored Belts 14 & UP Point Fighters
	<u>Breaking, Forms & Weapons Competition</u>
10:45 A.M.	All Black Belt Forms Competitors
12:00 P.M.	All Forms Competitors 13 & Under
1:30 P.M.	All Forms Competitors 14 & Up
	<u>Olympic Style Sparring</u>
1:30 P.M.	All Black Belt Olympic Fighters
2:30 P.M.	All Colored Belts 13 & Under Olympic Fighters
4:00 P.M.	All Colored Belts 14 & Up Olympic Fighters

Rules of Competition

Forms – Forms will be done in the bracketed format.

Sparring point and Olympic- All sparring will follow AAU Rules.

Board Breaking- Set up time is 1 minute, all boards and holders must be set up and boards broke within 1:00 .Bring your own wood or purchase at the event (\$3.00 each). Three tries per board, up to 5 boards max per competitor. Boards must be 12" tall and 4,6 or 12 inches wide. Judges use a score range of 7.0 –10.00. based on difficulty, technique and flow. There will also be a concrete breaking division. (bring your own concrete and support bricks!)

Weapons – Athletes may perform any traditional weapons pattern using a traditional weapon. Judges use a score range of 7.0 –10.00. based on focus, beauty, technique and manipulation of the weapon.

Team Sparring - Point or Olympic. All teams will be made be made up of 3 athletes. Athletes will each fight 1, 1- minute round. Each athletes round score will be added to the second and third athletes score, the total team score will be the total points added together each member earned during their round. All AAU sparring rules and infractions will be used. Teams may consist of all males, all females or a mix of the two. Normal weight classes will not be used, athletes will fight either light, middle, or heavy.

SEE YOU THERE!